



FEMCITY®

## SPRING CLEAN YOUR LIFE/CAREER

Created w/ love + prosperity vibes for you  
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### LET'S WARM UP:

There are always areas of our lives and careers that we can tune up and clean out to become more joyful, productive, and balanced.

What is one area of your life/career that you feel could use a little sprucing up?  
What is the one area of your life/career that is going very well and totally perfect?  
What is an additional area in your life/career that is messy and needs a bit of attention?

Spend a few moments right now and reflect on 3 areas of your life/career that are going well. It's important to celebrate the areas that are working well for you.

### LET'S CREATE A PLAN TO SPRING-CLEAN YOUR LIFE AND BUSINESS

Thinking of what you noted above, what are three action plans you need to take on to spring-clean your life/career a bit more?

- 1.
- 2.
- 3.

How will you hold yourself accountable to take on the action steps you noted above?

How will you feel once you've cleaned up this area of your life/career?

Are there other areas you would like to address once you have completed this first act of tidiness?

**HOMEWORK:** Take on the action steps you noted, celebrate your wins, and then rinse and repeat. You've got this.

