



FEMCITY®

MID-YEAR REVIEW

Created w/ love + prosperity vibes for you
by Founder of FemCity® Violette de Ayala

LET'S THINK ABOUT YOUR 2023 GOALS:

What were your top three top goals for 2023?

Which ones have you completed or are on your way to completing?

Which goal still needs some attention and more focus?

Why hasn't this goal been focused on over the last 6 months?

LET'S CREATE A PLAN TO GET YOUR GOALS ACCOMPLISHED:

Thinking of what you noted above. List five action steps you need to take in order to get this one goal or goals complete:

- 1.
- 2.
- 3.
- 4.
- 5.

What are other things that you can remove from your plate that will give you space for your goals?

How will you hold yourself accountable to take on the action steps you noted above?

How will you feel once you've attained your goal(s)?

Focus one form of action -&- then move on to the next

