

ACCOUNTABILITY

Created with Love and High Vibes for your Success
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LET'S GET STARTED:

Close your eyes, take a few deep breaths, and note three goals you still want to accomplish in 2022:

- 1.
- 2.
- 3.

Take just the first goal you noted, as that is the one that first came to your mind and most likely the one that is connected to your strongest vision, and note 3 reasons why you haven't accomplished this goal:

- 1.
- 2.
- 3.

Add three action steps you can start to do today to make the adjustments you noted above. This is a commitment to yourself, and it's all very exciting. You are going to own your life, your goal, and accomplish it!

- 1.
- 2.
- 3.

ACTION PLAN :

Schedule in your calendar timeblocks on when you are going to work on this #1 goal. What are the 5 action steps you will do consistently, even when you don't want to do it, or even when you are scared? Lastly, reward yourself with kind words, by noting your wins and all the ways you have stepped in your zone of uncomfortableness in order to up-level your life and add your light in bigger ways.