

ALIGNMENT + CLARITY

Created with love and prosperity vibes by Violette de Ayala

LET'S GET STARTED: When we are out of alignment or lack clarity, we feel like we are on a hamster wheel with things not changing while we experience an increase in exhaustion. We may even feel a bit out of control, lost and/or disconnected. We all have one area of our lives that may need a bit of a tune-up.

DIVE IN

What area of your life or business could use a tweak or two of clarity and alignment?

Jot down what you envision for having this area more tuned with clear thoughts and getting on the path. {Be very descriptive so you feel the benefit of working on clarity and alignment and get connected to the emotion.}

Next, write down the action steps you need to take on to achieve success regarding this realignment and getting more connected to clarity:

- 1.
- 2.
- 3.

Are there any old narratives holding you back?

NOW WHAT? Schedule the action steps in your calendar and commit to working on them for 30 days. Keep this worksheet handy so it will remind you of your why, your reason and all the ways it will help you step into your greatness.